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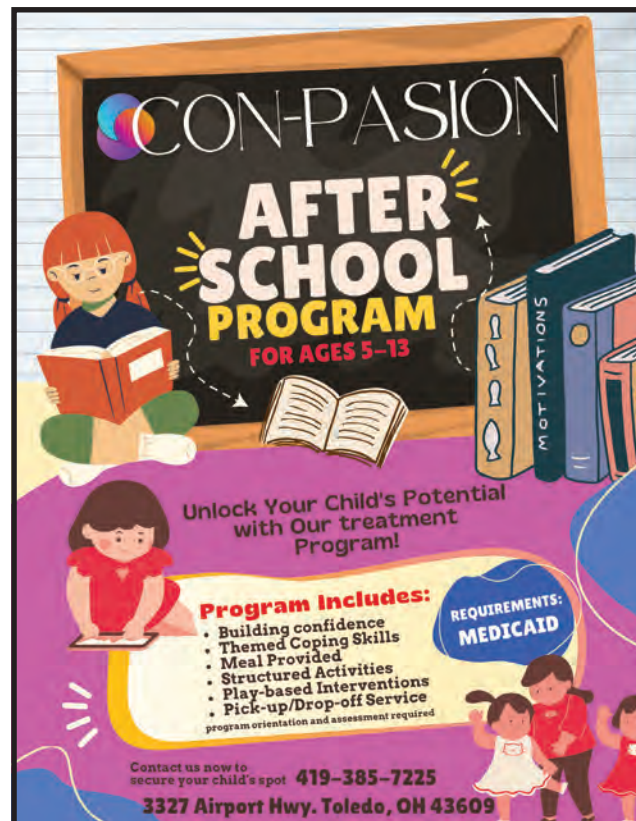
CONGRATULATIONS CLASS OF 2025!



Angie Brown, *Solana Allen (Whitmer High School class of 2025 graduate)*,
Tasha Allen and Doug Brown



Dasa Dzierwa, Vice President of Promedica Foundation, and Kevin Salinas, owner of Salinas Exteriors, at Sylvania Country Club during the *Swing For a Cause* golf benefit. See article on page 5.



Believe Center hosts a community meeting uniting organizations to identify service gaps and improve support for the community



Joshua Herrera Jr
St. John's Jesuit High School



Adrienne Chasteen II
Rossford High School



Martine Garcia
Genoa High School



Amara Jaquillard
Central Catholic High School

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Miles de personas en todo EEUU conmemoran el 5to aniversario del asesinato de George Floyd

Por MARK VANCLEAVE y KENDRIA LAFLEUR Associated Press

MINNEAPOLIS, Minnesota, EE.UU., May 25, 2025 (AP) — Activistas por una reforma policial y defensores de los derechos civiles se sumaron el domingo a miles de personas para conmemorar el quinto aniversario del asesinato de George Floyd y arremetieron contra el gobierno del presidente Donald Trump por acciones que, según ellos, han retrasado varias décadas sus esfuerzos.

A un costado de la tumba de Floyd en Houston, el reverendo Al Sharpton dijo en un servicio con la familia del fallecido que Floyd, de 46 años, representaba a todos aquellos “que están indefensos contra personas que piensan que nos pueden poner la rodilla en el cuello”.

Comparó el asesinato de Floyd con el de Emmett Till, un niño de raza negra de 14 años que fue secuestrado, mutilado y linchado en Mississippi en 1955 después de que fue acusado de ofender a una mujer blanca.

“Lo que Emmett Till fue en su momento, George Floyd lo ha sido para este momento en la historia”, afirmó Sharpton.

El lugar de su muerte

Los eventos en Minneapolis giraron en torno a la Plaza George Floyd, la intersección en donde el agente de policía Derek Chauvin presionó con su rodilla el cuello de Floyd contra el pavimento durante nueve minutos y medio, incluso mientras Floyd gritaba “No puedo respirar”.

Al mediodía del domingo, una oleada constante de personas rendía homenaje frente a un altar ubicado frente a Cup Foods, donde fue asesinado. Al otro lado de la calle, activistas establecieron una zona de alimentación en una antigua gasolinera que a menudo ha servido

como área de preparación desde la muerte de Floyd. En medio de la calle se colocó una cabeza de cerdo falsa montada sobre un palo. En la cabeza se colocó un sombrero de la policía.

Los eventos conmemorativos iniciaron el viernes en Minneapolis con conciertos, un festival callejero y una “feria de autocuidado”, y culminaron el domingo con un servicio religioso, un concierto de música gospel y una vigilia con velas.

A pesar de las promesas de los funcionarios de Minneapolis de reformar al departamento de policía, algunos activistas sostienen que el progreso ha sido extremadamente lento.

“Entendemos que el cambio lleva tiempo”, dijo Michelle Gross, presidenta de Communities United Against Police Brutality, en un comunicado difundido la semana pasada. “Sin embargo, el progreso que la ciudad afirma no se está sintiendo en las calles”.

Un cambio lento

Los activistas tenían la esperanza de que las protestas que se desataron en todo el mundo luego del asesinato de Floyd, el 25 de mayo de 2020, condujeran a una reforma policial permanente en Estados Unidos y a un enfoque continuo en temas de justicia racial.

Durante la presidencia del demócrata Joe Biden, el Departamento de Justicia de Estados Unidos había impulsado agresivamente una estricta supervisión de la policía local a la que había acusado de abusos generalizados. Pero el gobierno de Donald Trump tomó medidas el miércoles para cancelar acuerdos con Minneapolis y Louisville que exigían una reforma de sus departamentos de policía tras el asesinato de Floyd y la muerte de Breonna Taylor.

Trump también ha declarado el fin de las

iniciativas de diversidad, equidad e inclusión (DEI por sus iniciales en inglés) dentro del gobierno federal y su gobierno utiliza fondos federales como herramienta de presión para obligar a los gobiernos locales, universidades y distritos escolares a hacer lo mismo. Los estados con gobiernos republicanos también han acelerado sus esfuerzos para eliminar las iniciativas DEI.

En Houston, Sharpton criticó las cancelaciones de acuerdos del gobierno, diciendo que eran “equivalentes a que el Departamento de Justicia y el presidente escupieran sobre la tumba de George Floyd”.

“Esperar hasta el aniversario y anunciar esto, sabiendo que esta familia tendría que pasar nuevamente por el dolor de lo que sucedió, muestra el desprecio y la insensibilidad de este gobierno”, puntualizó. “Pero la razón por la que no nos desanimaremos es que Trump era el presidente cuando ocurrió lo de George Floyd y no hizo nada entonces. Hicimos que las cosas sucedieran. Y vamos a hacer que sucedan de nuevo”.

¿El futuro?

Detrius Smith, oriundo de Dallas que visitó el sitio conmemorativo de Floyd junto con sus tres hijas y cinco nietos, le contó a una nieta sobre cómo personas de todo el mundo se unieron para denunciar la injusticia racial después del asesinato de Floyd.

“Realmente se siente bien, ver a todos aquí celebrando la vida y la memoria de George Floyd y realmente recordar lo que sucedió”, declaró Smith. “Queremos hacer todo lo posible para trabajar juntos para que todos puedan tener los mismos derechos y todos puedan avanzar y que algo así no siga sucediendo en esta nación”.

¿Por qué deberías usar protector solar incluso si tienes piel oscura?

Por ADITHI RAMAKRISHNAN, Associated Press

NUEVA YORK, May 24, 2025 (AP) — Las personas con piel oscura también necesitan usar protector solar, y hay más de una razón para ello.

La exposición excesiva a los rayos ultravioleta del sol puede provocar quemaduras solares, manchas oscuras y arrugas, además de aumentar el riesgo de cáncer de piel.

La melanina de la piel oscura ofrece cierta protección adicional contra el sol, pero los dermatólogos dicen que eso, por sí solo, no es suficiente.

“Todo el mundo necesita protector solar. Pero las razones por las que uno podría usarlo pueden diferir dependiendo de su tono de piel”, señaló la doctora Jenna Lester, fundadora de la Clínica de Piel de Color de la Universidad de California en San Francisco.

¿Las personas con piel oscura necesitan protector solar?

Las personas blancas tienen en general más probabilidades de desarrollar cáncer de piel en comparación con las personas negras e hispanas. Sin embargo, estas tienen menos probabilidades de sobrevivir al tipo más peligroso de cáncer de piel llamado melanoma, según la Sociedad Americana

contra el Cáncer.

Los pacientes negros suelen desarrollar melanoma en las manos y los pies, lugares que están más protegidos del sol. Aun así, el protector solar es una capa protectora adicional que ayuda a prevenir una serie de problemas, como quemaduras solares, hiperpigmentación después del acné, rosácea y manchas oscuras en el rostro.

La doctora Oyetewa Asempa del Colegio de Medicina de Baylor a menudo recuerda a sus pacientes de piel oscura: “Todos los problemas por los que vienen a verme son causados o empeorados por el sol”.

¿Cuánto protector solar necesitan las personas de color?

Para mantenerse seguro bajo el sol, es importante elegir un protector solar con un factor de protección solar o SPF de al menos 30 y volver a aplicarlo cada dos horas. Las personas que van a la piscina o a la playa deben ponerse protector solar de antemano, recordando aplicarlo generosamente antes y después de estar en el agua.

La mayoría de las personas no usan suficiente protector solar cuando lo aplican, afirmó Lester. Asegúrate de poner el equivalente a dos dedos largos en el rostro y una cantidad generosa en el cuerpo.

Busca protectores solares a base de químicos para evitar el

tono blanco cenizo. Dos ingredientes clave de los productos a base de minerales —óxido de zinc y óxido de titanio— son los culpables de esa molesta decoloración en la piel oscura.

Los protectores solares con color contienen pigmentos que bloquean la luz visible del sol y ofrecen protección adicional contra las manchas oscuras. Y usar un sombrero o ropa protectora contra el sol con un factor de protección ultravioleta o clasificación UPF puede mejorar aún más la seguridad.

Cualquiera que sea la rutina de protección solar, es importante mantenerla, dijo Lester. Algunos rayos UV pueden atravesar las ventanas del auto y de la casa y causar daño solar aun cuando se está en interiores, lo que hace todavía más importante cuidar la piel mientras brilla el sol.

“Se trata de intentar convertirlo en un hábito diario”, dijo. “Constancia sobre intensidad”.

El Departamento de Salud y Ciencia de The Associated Press recibe apoyo del Grupo de Medios de Ciencia y Educación del Instituto Médico Howard Hughes y de la Robert Wood Johnson Foundation. La AP es la única responsable de todo el contenido.

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\$365 millones para proyectos solares en Puerto Rico serán redirigidos a la red eléctrica

Por DÁNICA COTO

SAN JUAN, May 21, 2025 (AP) — El Departamento de Energía de Estados Unidos anunció el miércoles que los 365 millones de dólares originalmente destinados a proyectos solares en Puerto Rico serán desviados para mejorar la deteriorada red eléctrica de la isla, lo que provocó una protesta a pocos días de que comience la temporada de huracanes en el Atlántico.

Los fondos habían estado en el limbo en las últimas semanas, ya que el Departamento de Energía no cumplió con un plazo reciente para finalizar contratos por valor de 365 millones de dólares que permitirían la instalación de sistemas solares operados por baterías en clínicas de salud y unidades de vivienda pública en Puerto Rico.

Ese dinero había sido reservado para ese propósito bajo la administración de Joe Biden.

“Esos fondos estaban listos para fluir ahora”, indicó Javier Rúa Jovet, director de políticas públicas de la Asociación de Almacenamiento de Energía y Solar de Puerto Rico.

Los beneficiarios, que incluyen a la organización sin fines de lucro Hispanic Federation, habían dicho que los fondos eran necesarios para proporcionar energía estable a personas, incluidas aquellas en diálisis, ya que continúan ocurriendo grandes apagones en Puerto Rico.

El Departamento de Energía dijo en un comunicado que el dinero ahora se utilizaría “para apoyar tecnologías que mejoren la flexibilidad y respuesta del sistema, el flujo y control de energía, la resistencia de los componentes, la seguridad del suministro y la seguridad”.

Un portavoz del Departamento de Energía dijo a The Associated Press que el dinero se

utilizaría para cosas como la actualización de infraestructuras envejecidas, la limpieza de vegetación de las líneas de transmisión y el despacho de unidades de generación de carga base. El departamento indicó que tiene la autoridad final sobre cómo se utilizarán los fondos, y agregó que los proyectos solares no estaban programados para ser construidos hasta 2026.

El secretario de Energía de Estados Unidos, Chris Wright, dijo en un comunicado que redirigir los fondos garantizaría que “los dólares de los contribuyentes se utilicen para fortalecer el acceso a energía asequible, confiable y segura, beneficiando a más ciudadanos lo más rápido posible”.

Mientras tanto, la gobernadora de Puerto Rico, Jenniffer González, elogió la medida en un comunicado, diciendo que ayudaría a los 3,2 millones de habitantes de

la isla en lugar de a unos pocos clientes.

“Puerto Rico enfrenta una emergencia energética que requiere que actuemos ahora y ofrezcamos soluciones inmediatas. Nuestras comunidades, empresas y centros de salud no pueden permitirse esperar años, ni podemos depender de enfoques fragmentados con resultados limitados”, aseveró.

González anteriormente fue criticada ya que parecía estar retirando su apoyo a la inversión de 1.000 millones de dólares de fondos federales en proyectos solares en todo Puerto Rico.

Una portavoz de la gobernadora no respondió de inmediato a una solicitud de comentarios adicionales y detalles.

Una portavoz de Josué Colón, el llamado zar de la energía de la isla, no respondió de inmediato a una solicitud de comentarios.

Rúa Jovet señaló que actualmente hay al menos 16.000 millones de dólares en fondos no gastados de la Agencia Federal para el Manejo de Emergencias de Estados Unidos destinados a mejorar la red eléctrica de Puerto Rico, y agregó que los 365 millones de dólares deberían usarse para su propósito original.

“No hay nada más rápido y mejor que las baterías solares”, indicó. “Todos deberíamos

avanzar lo más rápido posible en la generación”.

Las autoridades en Puerto Rico ya han advertido que habrá una escasez de generación este verano. Además, la temporada de huracanes en el Atlántico comienza el 1 de junio, y se predice que será superior a la media, con nueve huracanes anticipados, cuatro de ellos importantes.

Muchos en Puerto Rico temen que cualquier tormenta, sin importar cuán pequeña sea, pueda derribar la red dada su frágil condición.

Puerto Rico ya fue golpeado por apagones en toda la isla el 31 de diciembre y el 16 de abril.

La desviación de fondos se produce mientras González critica el trabajo de Luma Energy, que supervisa la transmisión y distribución de energía en la isla, y Genera PR, que supervisa la generación.

Las dos empresas privadas fueron contratadas por la administración anterior mientras la Autoridad de Energía Eléctrica de Puerto Rico luchaba por reestructurar más de 9.000 millones de dólares en deuda pública, con la mediación aún estancada.

Bajo Biden, hubo un impulso para más proyectos de energía renovable en Puerto Rico, donde las cuadrillas aún están reconstruyendo la red eléctrica después de que el huracán María

azotara en septiembre de 2017 como una poderosa tormenta de Categoría 4. Pero la red ya era débil antes de que la tormenta golpeará debido a la falta de mantenimiento e inversión durante décadas.

Rúa Jovet dijo que la decisión del Departamento de Energía es una ideológica apoyada por la administración del presidente de Estados Unidos, Donald Trump.

“Las elecciones tienen consecuencias”, señaló.

De los 1.000 millones de dólares asignados para proyectos solares en Puerto Rico bajo Biden, ya se han otorgado 450 millones para instalar techos solares y baterías en miles de hogares ubicados en áreas rurales o cuyos ocupantes tienen necesidades médicas.

En general, aproximadamente 117.000 hogares y negocios en la isla actualmente tienen techos solares.

Más del 60% de la energía en Puerto Rico se genera en plantas de energía alimentadas por petróleo, el 24% por gas natural, el 8% por carbón y el 7% por renovables, según la Administración de Información Energética de Estados Unidos.

Esta historia fue traducida del inglés por un editor de AP con la ayuda de una herramienta de inteligencia artificial generativa.

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Gabby’s Dollhouse LIVE! coming to De Vos Performance Hall, November 10, 2025

Grand Rapids: DreamWorks Animation, Universal Destinations and Experiences, TEG Life Like Touring, and Terrapin Station Entertainment are delighted to announce the North American premiere season of GABBY’S DOLLHOUSE LIVE!, coming to DeVos Performance Hall Monday, November 10, 2025.

Tickets on sale now at DeVosPerformanceHall.com.

This will mark the North American live stage debut for Gabby’s Dollhouse Live!, based on the global preschool sensation from DreamWorks Animation. In this a-MEOW-zing new musical show, Gabby uncovers a special acorn that needs the magical touch of a rainbow to grow. But when CatRat causes a color cat-astrophe and breaks the rainbow, Gabby and the Gabby Cats must find the colors again to set things right.

“We’re thrilled to partner with TEG Life Like Touring and DreamWorks Animation to bring Gabby’s Dollhouse to the stage for the very first time in North America, including the iconic Grand Ole Opry and Chicago Theatre,” said Jonathan Shank, CEO, Terrapin Station Entertainment. “This beloved series has sparked the imaginations of families around the world, and we can’t wait to translate its joy, heart, and creativity into a one-of-a-kind live experience.”

“DreamWorks is excited to be collaborating with TEG Life Like Touring and Terrapin Station Entertainment to bring Gabby’s Dollhouse Live! to North America,” said Michael Vollman, EVP, Marketing for DreamWorks Animation. “Gabby’s Dollhouse is a world full of magic, music and friendship, and this live show is no exception. We can’t wait to see families dancing, singing and ‘pinch pinching’ along with Gabby in this spectacular production.”

Gabby’s Dollhouse has been a top 10 series in 63 countries on Netflix and follows the fun adventures of Gabby, as she unboxes a brand-new surprise in every episode before jumping into a fantastical animated world full of adorable cat characters that live inside her magical dollhouse. This fall, Gabby is setting off on her biggest adventure yet in Gabby’s Dollhouse: The Movie, heading to theaters on September 26.

This new stage production of GABBY’S DOLLHOUSE LIVE! PRESENTED BY WALMART brings to life an exciting original story featuring unique puppets, dynamic staging, and songs including “Hey Gabby”, “You Can’t Spell Meow Without Me”, “Sprinkle Party”, and others that will have audiences singing and dancing along, from beginning to end.



Sabina B. Cambor-Castrodad and Jason Clyde win Sutton Foster Award

EAST LANSING, MI: Sabina B. Cambor-Castrodad from Interlochen Arts Academy and Jason Clyde from Zeeland East High School were named Outstanding Performers in a Leading Role at the 13th annual Sutton Foster Awards Showcase held at Wharton Center on Sunday, May 18, 2025. The award—named in honor of Michigan’s own Broadway star, Sutton Foster—is a celebration of outstanding achievement in individual artistry, vocal, dance, and acting performance for two leads in a high school musical theatre production. Sabina and Jason were two of the 150 high school drama students from across Michigan to compete for the award.

“Musical theatre is my home: it’s where I found my community, it’s where I felt a sense of acceptance for the first time. The community that I feel in the theatre is just unmatched. To be able to experience that, and to manifest that in the songs we were singing today, was just so special,” reflects Sabina, on the power of her musical theatre community and this year’s showcase. “I am looking forward to that big, big stage and getting to meet all the other actors, getting to network. The energy that you feel when it’s so concentrated, like at the Jimmy Awards, is so infectious. I am super excited for everything.”

Sabina and Jason will head to New York City to compete in the National High School Musical Theater Awards—otherwise known as the Jimmy Awards—on Monday, June 23, 2025, held this year at Broadway’s Minskoff Theatre.

“This is the first time in about 10 years that our school’s musical has been adjudicated, and it was really special to be able to represent (my high school) in this way. I graduate on Wednesday, so it’s going to be a fun time coming home,” says Jason, of his experience at this year’s Sutton Foster Awards Showcase. To anyone who aspires to join the world of musical theatre, Jason has some words of advice:

“You can be any artist you want to be. You don’t have to put yourself in a box of just an actor, a singer, or a dancer. You can be just one if you want, but you can be all three, and a storyteller. That’s what I think is so great about this art form.”

Finalists for Outstanding Actor are:

- From Zeeland East High School, Jason Clyde
- From Dakota High School, Austin Denome
- From Northville High School, David Roden
- From Lakeview High School, Luis Rodriguez

Finalists for Outstanding Actress:

- From Armada High School, Ruby Amthor
- From Interlochen Arts Academy, Sabina Cambor
- From Harper Creek High School, Ciera Funk
- From Henry Ford II High School, Eva Wassom

All eight finalists, including the 2025 Outstanding Performers in a Leading Role, will each receive \$1,000 cash.



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AARP Michigan free events for June

Lansing, MI - Every month, AARP offers quality programs and events that are free and open to the public, both online and in person. To see a full menu of all upcoming events, visit aarpmi.org/events.

Ethel’s Place™ - Lansing (IN PERSON) At Ethel’s Place, persons living with dementia or mild cognitive impairment come together with friends and family on the first Thursday of every month for a celebration of connection, fun, music and light refreshments. Register to join us.

Thursday, June 5
2:00 - 4:00 p.m.
Location: The Venue by Eleven 11 Events, LLC, 5660 West Saginaw Highway, Lansing, MI

Register online at <https://events.aarp.org/ethelsplace6-5>

AARP On Tap – Kentwood (IN PERSON) Join AARP for a fun and engaging happy hour! Mingle with friends, enjoy delicious bites and dis-

counted drinks, and take part in a unique brain health activity designed to stimulate your mind and boost well-being. It’s the perfect way to unwind and connect with new people while keeping your brain sharp.

Tuesday, June 10
4 – 6 p.m.
Location: Broad Leaf Brewery, 2885 Lake Eastbrook Blvd SE, Kentwood, MI 49512

Register at <https://events.aarp.org/event/aarpontap6-10/summary>



Eric Walton, Kevin Salinas, Ron Morrin, and Alex Blackford

Swing for a Cause: A successful golf outing supporting the Promedica Russell J. Ebeid Children’s Hospital

May 19, 2025: Kevin Salinas, owner of Salinas Exteriors, had the honor of hosting the inaugural *Swing for a Cause* golf outing to benefit the Promedica Russell J. Ebeid Children’s Hospital Alan and Deborah Brass Cancer Center. The event, held at the prestigious Sylvania Country Club, marked the beginning of what Kevin hopes will be an annual tradition of giving back to the community.

Swing For a Cause was founded by Salinas as a way to unite local businesses, partners, and residents in support of meaningful causes. Each year, the event will spotlight a different organization, raising both awareness and funds to amplify their impact.

The event was made possible by the generous contributions of numerous sponsors, including Owens Corning, Alside Supply, ABC Supply, and John & Vicki Fesh of Danberry Co./Fesh Group. Salinas and his team also express their heartfelt thanks to all those who participated in the outing, making the day a resounding success.

Kevin and his team are set to present the funds raised from the event to Dasa Dzierwa, Vice President of the Promedica Foundation, and her team on Thursday, May 29, 2025. The donation will directly benefit the care and services provided by the Cancer Center, supporting the hospital’s ongoing efforts to provide exceptional care to its young patients.



The Mariachi Alebrijes of Toledo Public Schools Escuela SMART Academy

By Dr. Linda Alvarado-Arce

The Mariachi Alebrijes of Toledo Public Schools (TPS), Escuela SMART Academy, had their last day of practice for this academic year this past Wednesday, May 21, 2025. And to celebrate their Mariachi instructor, Juan Romero, celebrated their hard work with a cake, pizza, and musical fellowship. If your child attends Escuela and is interested in learning to play and sing in a Mariachi ensemble, please contact the ALAS board president, Dr. Linda Alvarado-Arce @ 419-787-0008 or email her at linda@laprensa1.com or contact the school @ 419-671-5550. Learning to play and sing mariachi music is great for brain development and memory improvement. Mariachi music offers a unique, to Mexicans and many other Latin American cultures, blend of cultural connection, musical skill development, and social benefits for

the students that participate in such a program. More importantly, it keeps students busy and out of trouble. If you are interested in volunteering in this program, please also contact Dr. Linda Alvarado-Arce. Volunteers are always welcomed and needed.

Mariachi Alebrijes de las Escuelas Públicas de Toledo Escuela SMART Academy

Por la Dra. Linda Alvarado-Arce

El Mariachi Alebrijes de las Escuelas Públicas de Toledo (TPS), Escuela SMART Academy, tuvo su último día de práctica de este año académico el miércoles 21 de mayo de 2025. Para celebrar, su instructor de Mariachi, Juan Romero, celebró con un pastel, pizza, y una sesión musical. Si su hijo/a asiste a la escuela y está interesado/a en aprender a tocar y cantar en un conjunto de Mariachi, por favor, comuníquese con la presidenta de la junta directiva de ALAS, la Dra.

Linda Alvarado-Arce, al 419-787-0008, envíele un correo electrónico a linda@laprensa1.com o comuníquese con la escuela al 419-671-5550. Aprender a tocar y cantar música de mariachi es excelente para el desarrollo cerebral y la mejora la memoria. La música de mariachi ofrece una combinación única, tanto para los mexicanos como para muchas otras culturas latinoamericanas, de conexión cultural, desarrollo de habilidades musicales, y tiene beneficios sociales para los estudiantes que participan en este programa. Y lo más importante es que mantiene a los estudiantes ocupados y alejados de los problemas. Si le interesa ser voluntario en este programa, comuníquese también con la Dra. Linda Alvarado-Arce. Los voluntarios siempre son bienvenidos y necesarios.

UPCOMING EVENTS

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Taste of Ann Arbor
Sunday, June 1, 2025
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Detroit Festival of Books
Sunday, July 20, 2025
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Wood County Health Department remains open during renovation

Main Lobby to close Starting Tuesday, May 27; Alternate Entrances Available

Bowling Green, Ohio: Wood County Health Department is currently undergoing a renovation project that allows all public-facing services to be housed at the same location at 1840 E. Gypsy Lane Rd. in Bowling Green.

All Health Department services will remain open throughout the renovation. Starting Tuesday, May 27, 2025, the main Health Department entrance will be closed until further no-

tice. Signs posted onsite will direct clients to the appropriate entrance all for public services.

• The WIC (Women, Infants and Children) program will be accessed through an entrance at the front of the building labeled Entrance A.

• All other public health services (Birth and Death Records, Environmental Licensing and Permits) will be accessed through an entrance at the back of the building labeled Entrance B.

• The Wood County Community Health Center, including the Health Center Pharmacy, will be accessed through an entrance on the east side of the building labeled Entrance C.

The renovation is expected to be completed in July, and all services will be accessible through the main entrance by that time.

For more information, visit woodcounty-health.org.

Correction: The Owner of Casero Kitchen is Ramiz. Josh is an employee.

Corrección: El dueño de Casero Kitchen es Ramiz. Josh es un empleado.

Recipe of the Week

By Alicia Boes, aliciaboes1@gmail.com

José’s Mexican Red Shrimp Soup

- Ingredients:**
- 1 lb (500 g) shrimp (with shells)
 - 8 cups (2 liters) water
 - 3 dried guajillo chiles (seeded)
 - 2 tomatoes
 - ½ onion
 - 2 garlic cloves
 - 2 potatoes, diced
 - 2 carrots, sliced
 - Salt and pepper to taste
 - Dried oregano (optional)
 - Lime and tortillas to serve

- Instructions:**
- Make the broth:**
Peel the shrimp and save the shells.
Boil the shells in the water for 15 minutes. Strain and keep the broth.
 - Make the red sauce:**
Soften the chiles by boiling them for 5 minutes.
Blend chiles with tomatoes, onion, garlic, and some of the broth. Strain.
 - Cook the vegetables:**
Add the red sauce to the broth. Stir in potatoes, carrots, salt, pepper, and oregano.
Cook for 15-20 minutes until veggies are tender.
 - Add the shrimp:**
Add the shrimp and cook for 3-5 minutes, until they turn pink. Don't overcook!

Serve with:
Fresh lime wedges, Corn tortillas or tostadas
Optional: Avocado slices or hot sauce



Columbus Crew 2, Charlotte FC 3
The *Columbus Crew* lost, 2-3, against *Charlotte FC* at Bank of America Stadium on Saturday, May 24, 2025.
The *Crew* return to Lower.com Field against Nashville SC on Wednesday, May 28 [8 p.m. ET / MLS Season Pass on Apple TV / Alt 105.7 FM / iHeartRadio app (English); La Mega 103.1 FM, 107.1 FM / La Mega app (Spanish)].
Jacen Russell-Rowe photo courtesy of Columbus Crew

Puedes dejar caer un vaso lleno y no derramar agua?

Answer: Sí, si el vaso está lleno de leche

SPANISH IDIOMS

Spanish: Tener mala leche

Literal: To have bad milk

Meaning: To be a bad apple

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B M O O I O U Z I B N E Y O A T F G T R

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NAMIWalks

By Dr. Linda Alvarado-Arce

On Saturday, May 17, 2025, the National Alliance on Mental Illness (NAMI) of Greater Toledo held its annual NAMIWalks event @ Middlegrounds Metropark in Toledo, Ohio. This event is a walk in support of people affected by mental illness. This year, the event brought together 689 people and had 71 teams of people interested in supporting this organization and its cause. This event raised \$90,544 this year and is one of NAMI's largest fundraising events because it brings together a huge and diverse group of individuals and businesses interested in raising funds, the awareness of mental health, and combating the stigmas around mental illness. It had face painting, food trucks, and buttons that participants of NAMI Creative Expressions, the Create Now Art Workshop, designed and distributed during the event. If you are interested in supporting NAMI or the NAMIWalk, please visit www.namiwalks.org.



NAMIWalks
Por la Dra. Linda Alvarado-Arce

El sábado 17 de mayo de 2025, la Alianza Nacional de Enfermedades Mentales (NAMI) del área metropolitana de Toledo celebró su evento anual NAMIWalks en el parque metropolitano Middlegrounds de Toledo, Ohio. Este evento apoya a las personas afectadas por enfermedades mentales. Este año, el evento tenía 689 personas y 71 equipos interesados en apoyar a esta organización y su causa. Este evento recaudó \$90,544, y es uno de los eventos de recaudación

de fondos más grandes de NAMI porque reúne a un grupo enorme y diverso de personas y empresas interesadas en recaudar fondos, concientizar sobre la salud mental, y a combatir los estigmas de las enfermedades mentales. El evento tenía pintura facial, food trucks, y botones que los participantes de NAMI Creative Expressions, el Create Now Art Workshop, diseñaron y distribuyeron durante el evento. Si le interesa apoyar a NAMI o el NAMIWalk, visite www.namiwalks.org.



Cristofer Ivan Morales-Gonzalez, Bowsher 2025 graduate with Linda Ruiz-Bringman, Assistant Superintendent of Student, Family, and Community Engagement

Joaquin Simmons
Woodward High School
Class of 2025

(December 28, 2006 – April 2, 2025)

Joaquin should be graduating from with his classmates, but was tragically killed last month. Joaquin was a loving and respectful young man, known for his infectious personality and his habit of passing out hugs to everyone he met. He touched countless lives with his warmth and kindness. He is deeply missed by everyone who knew him.



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Alana Esther Amor Vallejo
Bowsher High School



Anthony Mario Espino
Clay High School



Annaliese Marroquin
Southview High School



Jesse Nino
Central Catholic High School



Emmanuel Gutierrez
Evergreen High School



Jillian Barnhill
Start High School



David Nathaniel Ivey Jr
Waite High School



Carlos Torres
University of Cincinnati
Bachelor of Science in Psychology



Brianna Nicole Carbe
Bowling Green State University
Doctor of Physical Therapy (DPT) Degree

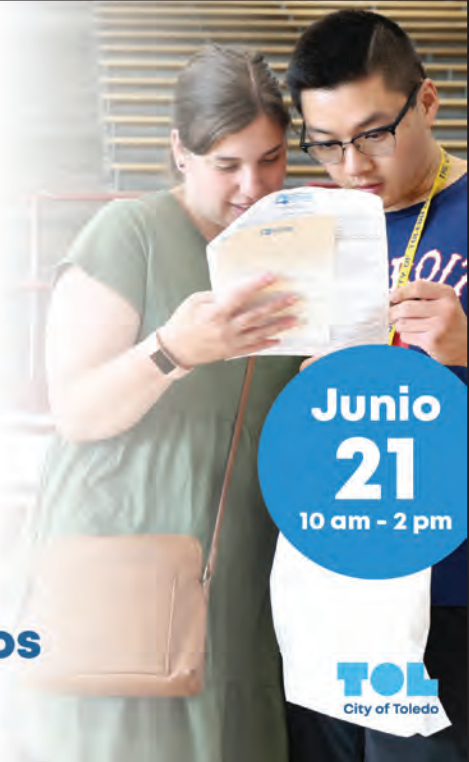


Rueben Jimenez Maya
University of Toledo
Bachelor of Science in Nursing



2025
Feria de la
Vivienda
Propia

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Scott High School



**Uncle and niece share
the same Stritch
Graduation Week!**

Oregon, Ohio, May 2025: Cardinal Stritch Catholic High School & Academy's Mario Alonzo II (43616) and Amaya Alonzo (43616) both celebrated graduation this week. Uncle Mario is a member of the graduating class of 2025, and his niece Amaya is a member of the preschool class of 2025. Mario will move into higher education at Ohio State University this fall while his niece Amaya continues her studies at Cardinal Stritch as she begins kindergarten. She won't be alone on campus; her aunt Aryana is a rising sophomore, her mom Hannah Alonzo '15 works as a paraprofessional, and her "G" is Athletic Director Kelly Alonzo '97.



Laiyna Rodriguez-Vasquez
Waite High School



Sire Duran-Dickerson
Toledo School for the Arts



Myliana Fonseca
Bowsher High School



Ramzi Berro
Southview High school



Reyna Marie Blanco
Start High School



Julissa Booth



Martin Camargo III
St. Francis de Sales High School



Gloria Morales
Maumee Valley Country Day School

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Nastasha Allen
Principal
Escuela SMART Academy

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LORAIN PUBLIC LIBRARY SYSTEM
UPCOMING EVENTS

Establishing a Pollinator Garden

Monday, June 2; 6:30 to 7:30 p.m.
Avon Branch
Learn how to prepare an area for a pollinator garden, which plants to consider and the benefits of having this feature in your landscape. Preregistration required.

MakerInResidence: Open Studio Hours

Tuesdays, June 3, 10, 17, 24; July 1, 8, 15, 22, 29; Aug. 5, 12, 19, 26; 9:30 to 11:30 a.m.
North Ridgeville Branch
Stop in and visit with our current MakerInResidence, modern quilter Heidi Massingill, and learn about her techniques and methods. She designs fashion, costumes, modern art quilts and anything involving fabric.

Coloring For Adults

Tuesday, June 3; 1 to 2:30 p.m.
North Ridgeville Branch
Experience the calming, stressrelieving benefits of coloring beautiful

designs and patterns made for adults. Coloring sheets, pencils and markers will be provided. Preregistration required.

Machine Embroidery 101

Tuesday, June 3; 5 to 7 p.m. at the Main Library
Learn the basics skills required to use the embroidery machine in the Create Space. Preregistration required.

Anime Night

Tuesday, June 3; 6:30 to 7:30 p.m.
Avon Branch
Join fellow fans for an evening of anime, manga and light refreshments. For ages 12 and up. Preregistration required.

Urban Farm Volunteer Days

Wednesdays, June 4, 18; July 2, 16; Aug. 6, 20; 10 a.m.
South Lorain Branch
Volunteer Days at the South Lorain Branch Urban Farm, the first and third Wednesday of every month. Volunteers will meet the Farm Manager onsite. Preregistration required.



Ohio Means Jobs Career Counseling

Wednesdays, June 4; July 2; Aug. 6; 1 to 4:15 p.m.
Main Library
Schedule a free appointment with an Ohio Means Jobs Career Counselor to assist you with resumes, cover letters, creating an effective job search strategy and interviewing tips. Call 4402441192 for more information.

CommunityInspired Altered Puzzle

Wednesday, June 4; 2 to 4 p.m.
North Ridgeville Branch
Participants will use one piece of a puzzle as a canvas to draw or paint their favorite activity, symbol or landmark in North Ridgeville. Once dried, the puzzle will be assembled and displayed at the branch as a visual and artistic representation of the favorite attractions in our community!

Summer Electronic Benefit Transfer Program

Courtesy of Cuyahoga Job and Family Services

Summer Electronic Benefits Transfer (S-EBT), also known as SUN Bucks, is a summer assistance program for children that began in Summer 2024. S-EBT provides grocery benefits to low-income school-aged children when schools are closed for the summer. Eligible children will receive a one-time benefit of \$120 that can be used to buy food during the summer months at grocery stores, farmers markets and other authorized retailers. All children between the ages of 6 to 18 (must be at least 6 and no older than 18 on August 15, 2025) participating in one or more of the following assistance programs (on or after July 1, 2024) will receive Summer EBT automatically with no need to apply.

trition Assistance Program (SNAP)

• Ohio Works First (OWF)

• Medicaid (if income meets USDA Income Eligibility Guidelines for current program year)

• Children of any age enrolled in a school participating in the National School Lunch Program (NSLP) and School Breakfast Program (SBP) that are approved for free or reduced-price meals for school year 2024-2025

Children who qualify for the S-EBT program will receive benefits in one of three ways:

• Households that currently receive SNAP benefits will see benefits for each eligible child issued on their Ohio Direction Card.

• Households that do not currently receive SNAP benefits but received Summer EBT benefits in Summer 2024 will receive benefits on their



existing S-EBT card.

• Households that do not currently receive SNAP benefits or are newly eligible will receive a new S-EBT card in the mail for each approved child. The card will be in a plain white envelope and addressed to the child. Households should keep S-EBT cards to potentially receive future summer benefits.

S-EBT funds will expire 122 days after the benefit is issued. If the benefit is loaded on the Ohio Direction Card, the S-EBT benefit will be used first the next time the card is used. Summer EBT benefits are set to be issued later this month. To learn more about S-EBT please visit <https://sebt.ohio.gov>

CAPA Anuncia los Artistas Principales del Festival Latino 2025

19 de mayo de 2025: CAPA anunció hoy la lista de artistas internacionales que encabezarán el Festival Latino 2025, presentado por Honda. El evento, gratuito y para toda la familia, se llevará a cabo el sábado 9 y el domingo 10 de agosto, de 11 a.m. a 8 p.m. cada día, en el parque Genoa del centro de Columbus. Los asistentes al festival podrán disfrutar de

música, comida, actividades para niños, arte y baile directamente del corazón de América Latina.

Los artistas principales del Festival Latino 2025 serán: Sábado 19 de agosto

Daniela Darcourt
Peru - Salsa
Los Rabanes
Panama - Rock

Domingo 10 de agosto
Pirulo y La Tribu
Puerto Rico - Salsa
Kinito Méndez
República Dominicana - Merengue

Todos los programas y artistas están sujetos a cambios. Para más información, visite www.FestivalLatino.net



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\$365M slated for solar projects in Puerto Rico will be diverted to power grid, sparking outcry

By DÁNICA COTO, Associated Press

SAN JUAN, Puerto Rico, May 21, 2025 (AP) - The U.S. Department of Energy announced Wednesday that \$365 million originally slated for solar projects in Puerto Rico will be diverted to improve the island's crumbling power grid, sparking an outcry just days before the Atlantic hurricane season starts.

The funds had been in limbo in recent weeks, with the Department of Energy missing a recent deadline to finalize contracts worth \$365 million that would see battery-operated solar systems installed at health clinics and public housing units in Puerto Rico.

The money had been set aside for that purpose under the administration of former U.S. President Joe Biden.

"That money was spring loaded to flow now," said Javier Rúa Jovet, public policy director for Puerto Rico's Solar and Energy Storage Association.

He and others criticized the move.

"This is shameful," Democratic New York Rep. Nydia Velázquez wrote on X, noting that the funds were meant to serve the most vulnerable.

"Republicans have

turned their backs on those who need it most, just 1 week before the start of hurricane season," she wrote.

Grantees that include the nonprofit Hispanic Federation had said the funds were urgently needed to provide stable power to people including those on dialysis as major outages continue to hit Puerto Rico.

"Pretending that real-locating these funds will make any immediate difference on the stability of the electric grid, when the grid already has an \$18 billion allocation, is just a way to distract from the real consequences of their decision. Puerto Rico deserves better," said Frankie Miranda, the federation's CEO and president.

The Department of Energy said in a statement that the money would now be used "to support technologies that improve system flexibility and response, power flow and control, component strength, supply security, and safety."

A spokesperson for the Department of Energy told The Associated Press that the money would be used for things including upgrading aging infrastructure,

clearing vegetation from transmission lines and dispatching baseload generation units. The department said it has final authority over how the funds will be used, adding that the solar projects were not scheduled to be constructed until 2026.

U.S. Energy Secretary Chris Wright said in a statement that redirecting the funds would ensure that "taxpayer dollars are used to strengthen access to affordable, reliable and secure power, benefiting more citizens as quickly as possible."

Meanwhile, Puerto Rico Gov. Jenniffer González praised the move in a statement, saying it would help all 3.2 million residents on the island instead of "a few customers."

"Puerto Rico is facing an energy emergency that requires we act now and deliver immediate solutions. Our communities, businesses, and healthcare facilities cannot afford to wait years, nor can we rely on piecemeal approaches with limited results," she said.

González previously came under fire as her support for investing \$1 billion of federal funds in solar projects across

Puerto Rico appeared to fade.

A spokeswoman for the governor did not immediately respond to a request for additional comment and details.

A spokeswoman for Josué Colón, the island's so-called energy czar, did not immediately respond to a request for comment.

Dwindling power generation

Rúa Jovet noted that there are currently at least \$16 billion in unspent funds from the U.S. Federal Emergency Management Agency meant to improve Puerto Rico's electric grid, adding that the \$365 million should be used for its original purpose.

"There is nothing faster and better than solar batteries," he said. "We should all be moving as fast as we can on generation."

Officials in Puerto Rico already have warned that there will be a shortage of generation this summer. In addition, the Atlantic hurricane season starts June

1, and it is predicted to be above average, with nine anticipated hurricanes, four of them major.

Many in Puerto Rico worry that any storm, regardless of how small, could knock out the grid given its fragile state.

Puerto Rico already was hit with island-wide blackouts on Dec. 31 and April 16.

The diversion of funds come as González criticizes the work of Luma Energy, which oversees transmission and distribution of power on the island, and Genera PR, which oversees generation.

The two private companies were contracted by the previous administration as Puerto Rico's Electric Power Authority struggled to restructure more than \$9 billion in public debt, with mediation still stalled.

'Elections have consequences'

Under Biden, there was a push for more renewable energy projects in Puerto Rico, where crews are still rebuild the power grid after Hurri-

cane Maria hit in September 2017 as a powerful Category 4 storm. But the grid was already weak before the storm hit given a lack of maintenance and investment for decades.

Rúa Jovet said the Department of Energy's decision is an ideological one supported by the administration of U.S. President Donald Trump.

Of the \$1 billion allocated for solar projects in Puerto Rico under Biden, \$450 million already has been granted to install solar rooftop and batteries in thousands of homes located in rural areas or whose occupants have medical needs.

Overall, roughly 117,000 homes and businesses on the island currently have solar rooftops.

More than 60% of energy in Puerto Rico is generated by petroleum-fired power plants, 24% by natural gas, 8% by coal and 7% by renewables, according to the U.S. Energy Information Administration.



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The Coalition for Hispanic/Issues & Progress Unido Podemos/United We Can

By Dr. Linda Alvarado-Arce

The Coalition for Hispanic/Issues & Progress (CHIP) held its 26th Hispanic Leadership Conference/Gala on Saturday, May 24, 2025. And this event was spectacular, not just because of the wonderful sessions they had during the day on topics such as Lorain County's Sheriff's department's role in regard to immigrants and immigration directives from the federal government by Sheriff Jack Hall. It also had sessions on Artificial Intelligence (AI), social deterrents and community resources as they relate to Latinxs. They had a session on how the Ohio legislature works, chair yoga, and a panel that I sat on that discussed defamation, opinions, and free speech. This conference also offered topics and options for Latinx youth, our future Latinx leaders.

After a day of learning, lunch, and bonding with other Latinxs, the conference held at Lorain County Community College (LCCC) moved the festivities to the Emerald Event Center @ the Residence Inn

by Marriot (33040 Just Imagine Dr.) in Avon, Ohio. There we had a wonderful dinner, lots of laughs with the Latinx comedian Dennis Gaxiola, and danced the night away with the Latinx band, Son Gitano and DJ Abner "Gozadera" Santiago. AND more importantly and beautifully done was a tribute to La Prensa founder Richard "Rico" Neller (PRESENTE!), although deceased, with a huge, framed, picture, a video of his life in journalism, and CHIP acknowledged and thanked La Prensa, LLC for all he had done, and that we continue to do for the Latinx community in Lorain, Ohio.

According to the organizers, "For 26 years, this conference has been a testament to what we can achieve when we come together with purpose and passion. This year's gathering proved once again that when we invest in each other, support emerging leaders, and celebrate our rich heritage while building toward an even brighter future, there's nothing we cannot ac-



Moderator (right) Rey Carrion, Safety Service Director for City of Lorain; Dr. Linda Alvarado-Arce, Editor of La Prensa; Robert Cabrera, Attorney; and David J. Moore, Lorain County Commissioner

complish." **¡Juntos somos más fuertes!** - Together, we are stronger!

¡Mil gracias! - A thousand thanks goes out to everyone who made the 26th Hispanic Leadership Conference/Gala an unforgettable celebration of our community, culture, and collective future. A huge thanks goes out to the Lorain County Commissioners and the Title Sponsor: the Lorain County Visitors Bureau, that without their involvement this event would not have been as grand or have brought

in people from area cities and counties such as Toledo/Lucas County, Ohio; Fremont, Ohio; and Detroit, Michigan. Thank you to the *Diamond Sponsors*: CHIP; Italian American Veterans Post #1; Lorain County Community College (LCCC); MHARS; Nordson Corporation; and The Morning Journal. Thank you to the *Gold Sponsors*: NFM Lending- Team Arocho; Riveon Mental Health & Recovery; CARESOURCE; and La Prensa, LLC. Thank you to the *Silver Sponsors*: 28th Street Auto Repair; the Comité Mexicano de Cleveland; Community Fdn of LC Hispanic Fund; Dr. Robert Thomas, M.D.; El Centro; Leadership Lorain County; Little Lighthouse Learning Center; Lorain County Children Services; Lorain County Sheriff Jack Hall; Margaret Wong & Associates; Robert Pustay-LICKME, Inc.; UAW

CAP Council; and the UAW Local 2192. Thank you to the *Bronze Sponsors*: First Federal Savings & Loan; Fligner's Market; Joel Arredondo, Lorain County President; Lorain City School District; Lorain County AFL-CIO; Lorain County Metro Parks; Lorain Mayor Jack Bradley; Raise Up; Lorain Port Authority; Lorain Public Library System; Lorain Rotary; Mexican American Citizens Club; Mexican Mutual Society; Sacred Heart Chapel; State Representative Joe Miller; Voice for Children; and the YWCA.

El Coalition for Hispanic/Issues & Progress Unidos Podemos/United We Can

Por la Dra. Linda Alvarado-Arce

El Coalition for Hispanic/Issues & Progress (CHIP) celebró su 26.ª Conferencia/Gala de Liderazgo Hispano el

sábado 24 de mayo de 2025. Este evento fue espectacular, no solo por las maravillosas sesiones que se llevaron a cabo durante el día sobre temas como del Departamento del Sheriff del Condado de Lorain con respecto a los inmigrantes y las directivas de inmigración del gobierno federal por el Sheriff Jack Hall. También incluyó sesiones sobre Inteligencia Artificial (IA), recursos comunitarios y social para la comunidad latina. También se ofreció una sesión sobre el funcionamiento de la legislatura de Ohio, yoga en silla, y un panel en el que participé que fue de la difamación, las opiniones, y la libertad de expresión. Esta conferencia también ofreció temas y opciones para la juventud latina, nuestros futuros líderes latinas. Tras un día de aprendizaje, almuerzo,



Deputy Peña, Major AJ Torres, Lorain Safety/Services Director Rey Carrion, Sheriff Jack Hall, Josh Garcia & Deputy Villalongo-Reyes.



Joel Arredondo, Lorain City Council President; Eileen Torres Lorain, 4th Ward Councilwoman; and Lou Acosta, Publisher/Minister.

El Coalition for Hispanic/Issues & Progress Unidos Podemos/United We Can

(Continuación de p.12)

y hablando con otros Latinxs, la conferencia celebrada en el Lorain County Community College (LCCC) trasladó las festividades al Emerald Event Center del Residence Inn by Marriott (33040 Just Imagine Dr.) en Avon, Ohio. Allí disfrutamos de una cena maravillosa, nos reímos mucho con el comediante Latinx Dennis Gaxiola, y bailamos toda la noche con la banda Latinx, Son Gitano, y el DJ Abner “Gozadera” Santiago. Y, lo más importante y hermoso, se rindió un homenaje al fundador de La Prensa, Richard “Rico” Neller (*¡PRESENTE!*), aunque fallecido, con una enorme foto y un video de su trayectoria periodística. CHIP reconoció y agradeció a La Prensa, LLC por todo lo que hizo y por lo que seguimos haciendo por la comunidad Latinx de Lorain, Ohio.

Según los organizadores, “Durante 26 años, esta conferencia ha sido un testimonio de lo que podemos lograr cuando nos unimos con propósito y pasión. La reunión de este año demostró una vez más que cuando invertimos unos en otros, apoyamos a los líderes emergentes y celebramos nuestra rica herencia mientras construimos hacia un futuro aún más brillante, no hay nada que no podamos lograr.” *¡Juntos somos más fuertes!*

¡Mil gracias! Mil gracias a todos los que hicieron de la 26.ª Conferencia/Gala de Liderazgo Hispano fue una celebración inolvidable de nuestra comunidad, cultura y futuro colectivo. Un enorme agradecimiento a los Comisionados del Condado de Lorain y al *patrocinador principal*: la Oficina de Visitantes del Condado de Lorain, quienes sin su participación este evento no habría sido tan grandioso ni habría atraído a personas de



Dr. Linda Alvarado-Arce & Elizabeth Soto, CHIP Treasurer



ciudades y condados de la zona como Toledo/Condado de Lucas, Ohio; Fremont, Ohio; y Detroit, Michigan. Gracias al *patrocinador diamante*: CHIP; Italian American Veterans Post #1; Lorain County Community College (LCCC); MHARS; Nordson Corporation; and The Morning Journal. Gracias a las *patrocinador de oro*: NFM Lending- Team Arrocho; Riveon Mental Health & Recovery; CARESOURCE; y La Prensa, LLC. Gracias a las *patrocinador de plata*: 28th Street Auto Repair; the Comité Mexicano de Cleveland; Community Fdn of LC Hispanic Fund; Dr. Robert Thomas, M.D.; El Centro; Leadership Lorain County; Little Lighthouse Learning Center; Lorain County Children Services; Lorain County Sheriff Jack Hall; Margaret Wong & Associates; Robert Pustay-LICKME, Inc.; UAW CAP Council; and the UAW Local 2192. Gracias al *patrocinador de bronce*: First Federal Savings & Loan; Fligner’s Market; Joel Arredondo, Lorain County President; Lorain City School District; Lorain County AFL-CIO; Lorain County Metro Parks; Lorain Mayor Jack Bradley; Raise Up; Lorain Port Authority; Lorain Public Library System; Lorain Rotary; Mexican American Citizens Club; Mexican Mutual Society; Sacred Heart Chapel; State Representative Joe Miller; Voice for Children; y el YWCA.



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Komodo Loco: Vietnamese-Mexican Fusion Street Food Truck

By Dr. Linda Alvarado-Arce

Komodo Loco is Vietnamese-Mexican “fusion” street food. It is another food truck that has re-invented what it means to be Latinx in the world today. And this food truck adds another one of my favorite foods, Vietnamese, to the cultural and ethnic food that I grew up with all my life- my Mexican food. They even have an “award-winning Birria Taco,” according to the owner, “they are the stuff of local legend—because they are slow-stewed, spicy, and dunked in rich consommé.” And who doesn’t love a Birria Taco?

Plus, if you have ever been to Mexico, you know about our “famous” Elotes (corn). And Komodo Loco has Elotes, as well. In fact, they are known for their Original Fusion Elote, which has a “creamy, tangy, house-made sauce that blends Vietnamese spices with our Mexican street corn” traditional seasonings. If you want some crunch and heat, you can also try their Takis Elote. According to the owner and their staff, this is a “fan favorite” because it is loaded with crushed Takis, chili-lime zest, and an “addictive” fusion sauce.

In addition, they have the famous Banh Mi sandwich. This sub-like sandwich has a “savory mashup” of Al Pastor and Vietnamese Char Siu-style Pork. And if you aren’t into too much spicey like me, you can get a Horchata Boba Tea to wash it all down and cool yourself off. Horchata is a rice water drink with sugar and cinnamon, very well-known in Mexico. However, here at Komodo it is made into a Boda Tea, that still has a sweet and creamy finish. Komodo Loco, as you can read, is not your average food truck. It was so wonderful to see them bring together Southeast Asian food with Mexican at the Columbus Taco Fest on May 25, 2025. Let’s continue to support our small businesses, and please give them a try and or visit their Facebook page.



Komodo Loco: Food Truck Callejero de Vietnamita-Mexicana Fusión

Por la Dra. Linda Alvarado-Arce

Komodo Loco es comida callejera de vietnamita-mexicana fusión. Es otro food truck que ha reinventado lo que significa ser latino en el mundo actual. Y este food truck pone otra de mis comidas favoritas, la vietnamita, con la comida cultural y étnica con la que crecí toda mi vida: mi comida mexicana. Incluso tienen un “Taco de Birria galardonado,” según los dueños: “Son una leyenda local, porque se cocinan a fuego lento, son picantes y se bañan en un rico consomé.” ¿Y a quién no le encanta un Taco de Birria?

Además, si alguna vez has estado en México, conoces nuestros “famosos” Elotes. Y Komodo Loco también tiene Elotes. De hecho, son conocidos por su Elote Fusión Original, con una salsa casera cremosa y ácida que combina especias vietnamitas con nuestros condimentos tradicionales de maíz mexicano. Si buscas algo crujiente y picante, también puedes probar sus Takis Elote. Según los dueños y sus empleados, este es uno de los favoritos de los comensales porque está repleto de Takis triturados, ralladura de chile y limón, y una salsa fusión que es adictiva.

Además, tienen el famoso sándwich Banh Mi. Este sándwich tipo sub tiene una sabrosa combinación de al pastor y cerdo vietnamita al estilo Char Siu. Y si no te gusta demasiado el picante como a mí, puedes pedir un té de horchata para bajarlo todo y refrescarte. La horchata es una bebida de agua de arroz con azúcar y canela, muy conocida en México. Sin embargo, aquí en Komodo se convierte en un té boda, que conserva un final dulce y cremoso. Komodo Loco, como puedes leer, no es un food truck cualquiera. Fue maravilloso verlos combinar la comida del sudeste asiático con la mexicana en el Columbus Taco Fest el 25 de mayo de 2025. Sigamos apoyando a nuestras pequeñas empresas y, por favor, pruébelos o visite su página de Facebook.



Cleveland’s Reggae Fest

By Dr. Linda Alvarado-Arce

Presented by 1Million Hearts, Cleveland, Ohio, held its annual Reggae Fest on May 24 & 25, 2025, at Voinovich Park (800 E. 9th Street). The day was beautiful, and the music had everyone dancing. This family friendly event had Jamaican food, Reggae Music all day and night, and tons of vendors. Performers were JR Blessington; Lake Irie; The Flex Crew; Mighty Mystic; Roots of Creation; Shâkç Ground Band; Jah Messengers; Pato Banton; The Ark Band; and Carlos Jones.

Festival de Reggae de Cleveland

Por la Dra. Linda Alvarado-Arce

Presentado por 1Million Hearts, Cleveland, Ohio, celebró su Festival de Reggae anual los días 24 y 25 de mayo de 2025 en el Parque Voinovich (800 E. 9th Street). El día estuvo precioso y la música puso a todos a bailar. Este evento familiar ofreció comida jamaquina, música día y noche de reggae, y una gran cantidad de vendedores. Entre los artistas se encontraban JR Blessington; Lake Irie; The Flex Crew; Mighty Mystic; Roots of Creation; Shâkç Ground Band; Jah Messengers; Pato Banton; The Ark Band; y Carlos Jones.

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NOTICE IS HEREBY GIVEN that Electronic Bids will be received by the Toledo-Lucas County Port Authority for all labor, material, insurance, and equipment necessary for the Parking Structures Restoration 2025 project at 227 N. Saint Clair St., 334 N. Superior St., and 610 N. Superior St., Toledo, Ohio 43604, in accordance with the approved plans and specifications, for the Port Authority at One Maritime Plaza, Toledo, Ohio 43604.

The project "Parking Structures Restoration 2025" project consists of the following scope of work:

Port Lawrence Parking Structure: structural concrete repairs, post-tensioning exploratory excavations and repairs, installation of joint sealants, installation of traffic coatings, and repainting of pavement markings.

Superior Parking Structure: structural concrete repairs, replacement/installation of joint sealants, and installation of traffic coatings at stair tower.

Vistula: structural concrete repairs, rout and seal concrete cracks, and reconditioning of handrail support posts.

Also included in this project is an allowance to purchase light fixtures to be installed by others.

This project may be awarded by the Toledo-Lucas County Port Authority at its sole discretion. The total engineer's estimate for all three structures is approximately \$400,000.00.

Bids will be received through Bid Express, an online electronic bidding system, until Tuesday, June 17, 2025, at 10:00 AM, at which time all bids will be opened through the Bid Express website.

The plans and bid proposal documents are available through Bid Express at: <https://www.bidexpress.com/businesses/66075/home>. Bidders new to the electronic bidding system must first register on the Bid Express website (www.bidexpress.com). Registration is Free. It can take up to five (5) business days to process a Digital ID and it is highly recommended that a Digital ID be enabled 48 hours in advance of submitting an electronic bid. Bidders must plan accordingly. For additional guidance regarding electronic bidding, bidders must contact Bid Express directly. Each bidder shall be responsible for submitting its electronic bid before the bid deadline.

Electronic Proposals must be submitted on the form(s) included in Bid Express and shall be accompanied by a certified check or an acceptable Proposal Bond with satisfactory surety specifying the Toledo-Lucas County Port Authority as the obligee, in the sum of not less than ten percent (10%) of the total proposal amount.

Please note that there will be a pre-bid meeting for this project for all prospective bidders on Wednesday, June 4, 2025, at 10:00 AM, at the Port Authority's administrative offices at One Maritime Plaza, 7th floor conference room, Toledo, OH 43604. Attendance is suggested, but not mandatory. Please submit all questions through the Bid Express service by Tuesday, June 10, 2025, at 10:00 AM local time. Questions submitted after the deadline will not receive a response. Additional information can be found at <https://www.toledoport.org/public-notice>

Thomas J. Winston
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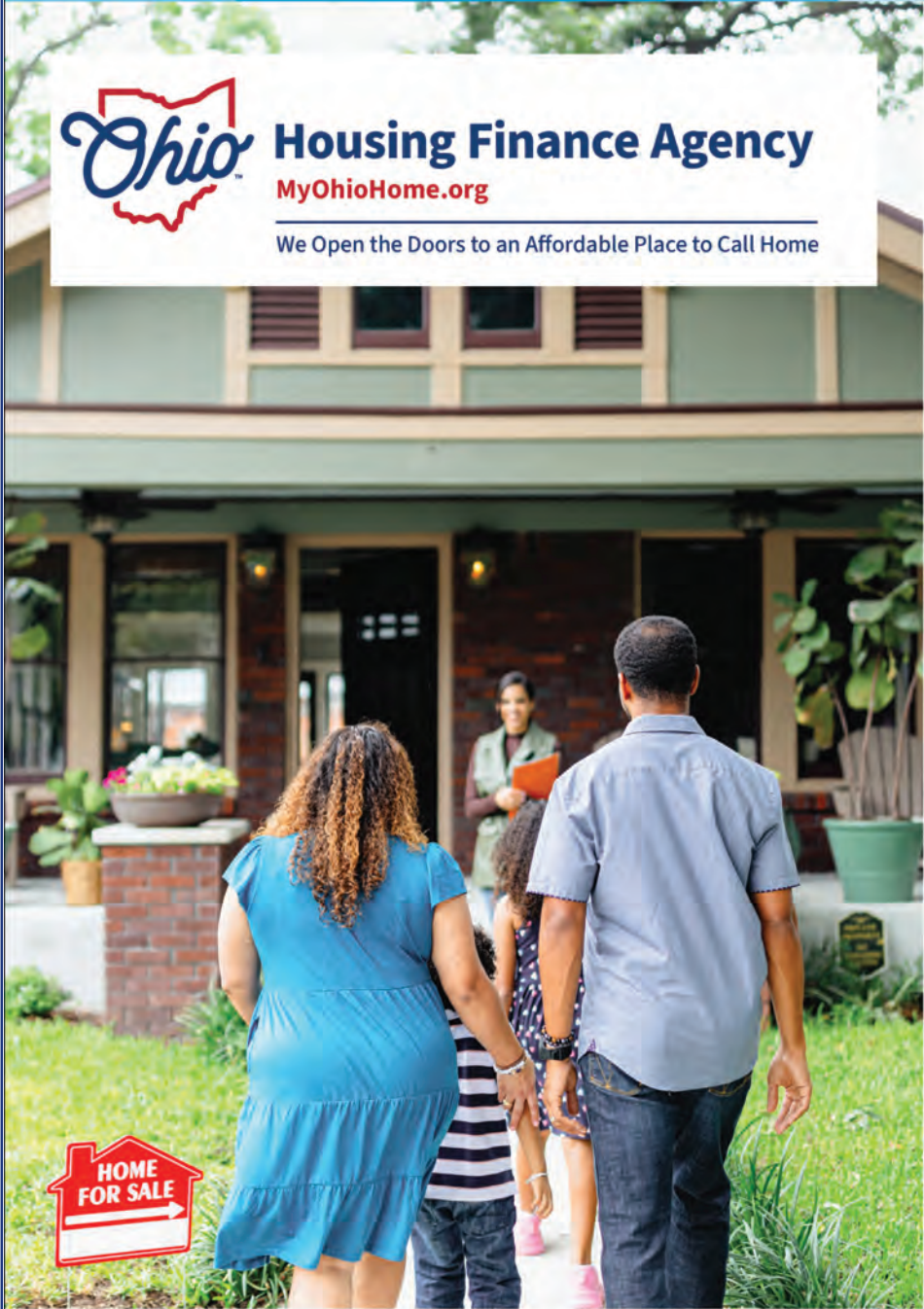
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