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agosto de 2025

Spanglish Lazo Cultural Edition

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¡TU VOTO ES TU VOZ!

Méxicanas en Michigan invitan a 5K MujerRun 2025

Por: Isabel Flores

La 5K MujerRun vuelve a Rochester, Michigan, este próximo 7 de septiembre, con una invitación abierta a toda la comunidad para correr, caminar y celebrar la unidad en torno a una causa urgente: apoyar a las personas migrantes y refugiadas del estado. Este evento, que año con año crece en participantes, se ha convertido en un símbolo de solidaridad y compromiso comunitario.

El día de la carrera, el registro iniciará a las 8:30 de la mañana bajo la Bloomer Tent en Bloomer Park; a las 9:10 a. m. habrá un calentamiento conjunto y la salida será a las 9:30 a. m. Se trata de una actividad incluyente, abierta a edades de 5 a 100 años, con una cuota de inscripción de \$30.00 dólares. Todas las personas participantes deben estar registradas para poder tomar la salida, y se recuerda que aunque la ruta admite carriolas, el camino es sin pavimentar.

Quienes crucen la meta recibirán una medalla conmemorativa y habrá premios

para los tres primeros lugares. Además, al finalizar se ofrecerán agua, refrigerios y snacks de proteína para recuperar energía. Mexicanas en Michigan invitan a prolongar la convivencia quedándose en el parque para disfrutar de un picnic familiar: cada quien puede llevar su propio lunch y compartir en un ambiente de unión y amistad. El área cuenta con sanitarios cercanos a la Bloomer Tent y amplio estacionamiento.

La carrera tiene este año un aliciente muy especial, por cada dólar recaudado en inscripciones y donativos, la Fundación de Friends on Board igualará el monto hasta alcanzar un máximo de \$10,000. Gracias a este esfuerzo, cada aportación tendrá el doble de impacto. Los fondos serán destinados al Michigan Immigrant

**MAKE
EVERY
STEP
COUNT**
again
Join 5K
MujerRun
2025!

<https://runsignup.com/Race/MI/Rochester/5KMujerRun>



Rights Center (MIRC), una organización sin fines de lucro que brinda apoyo y recursos legales a la comunidad inmigrante y refugiada en el estado.

Como en todo evento al aire libre, la dirección se reserva el derecho de cancelar en caso de clima severo, siempre priorizando la seguridad de los asistentes.

El proceso para inscribirse es muy sencillo: basta con ingresar a la página oficial <https://runsignup.com/Race/MI/Rochester/5KMujerRun>, donde también se puede consultar el mapa de la ruta y la información logística más actualizada. El registro en línea permanecerá abierto hasta el 5 de septiembre de 2025 a las 11:59 p. m.

Las empresas y

organizaciones que deseen sumarse como patrocinadores y colocar un stand el día de la carrera pueden llenar el formulario disponible en <https://forms.gle/hwzyku1xkqDpADgq9> o escribir a mexicanasenmichigan@gmail.com para obtener más información. De esta manera, también el sector privado podrá aportar a una causa de impacto real para miles de familias.

La invitación final es clara: registrarse, donar y compartir la convocatoria con familia y amistades. Cada paso aportará, cada inscripción sumará y, con la fuerza de la comunidad, cada dólar se transformará en esperanza para quienes más lo necesitan. El 7 de septiembre, la 5K MujerRun será más que una carrera, será una jornada de unidad y solidaridad que dejará huella en Michigan.

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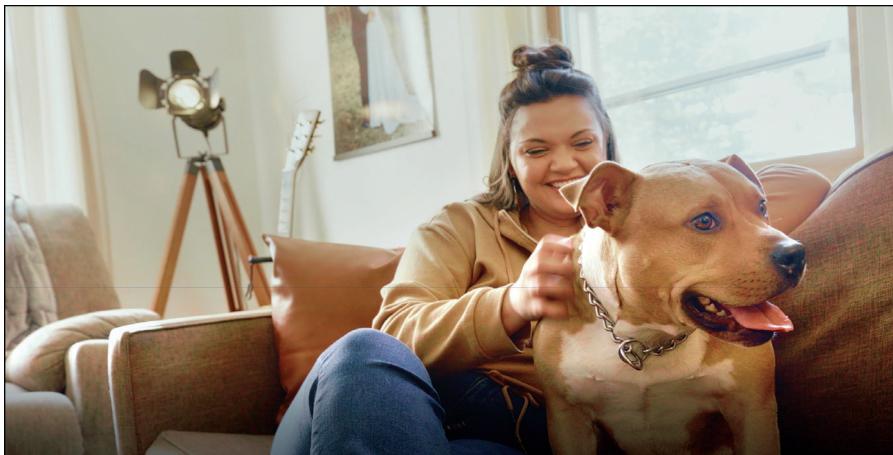


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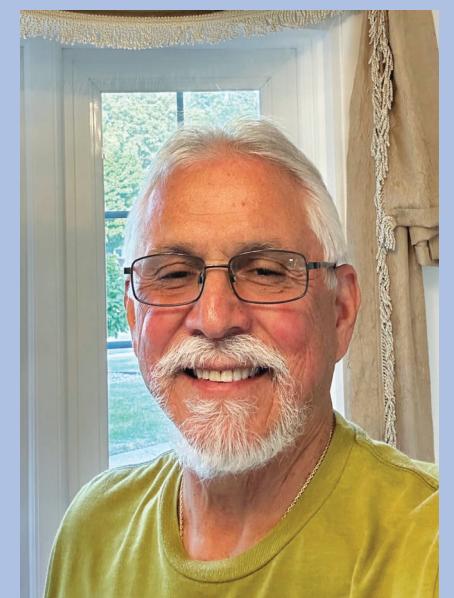
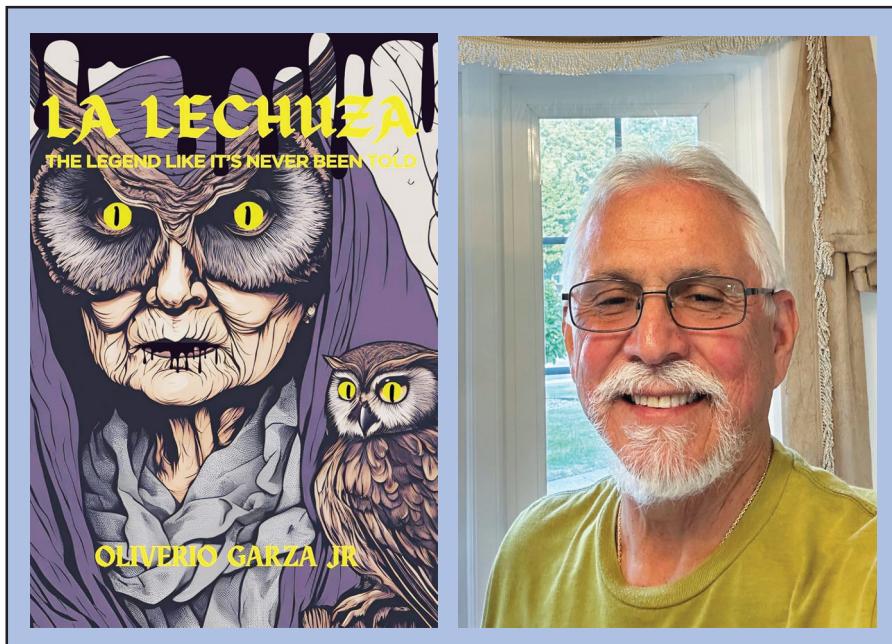
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Oliverio Garza, Jr.'s Book "La Lechuza"

Oliverio Garza, Jr., born in Cotulla, Texas, but a current resident of Adrian, Michigan, has written a book called "La Lechuza." La Lechuza was inspired by his grandchildren, who wanted him to write the story about "La Lechuza," a woman who would transform into an owl at night and a woman during the daytime. His grandchildren want him to write a book about the very story he would tell them, and so they would never forget it. Now published, this book can be purchased through Amazon (online). It is offered as an e-book or in paperback.

El Libro de Oliverio Garza, Jr. "La Lechuza"

Por Dr. Linda Alvarado-Arce

Oliverio Garza, Jr., nacido en Cotulla, Texas, pero es residente de Adrian, Michigan, ha escrito un libro titulado "La Lechuza." La Lechuza fue inspirada por sus nietos, quien quería que el escribiera la historia de "La Lechuza," que fue una mujer que se transformaba en búho de noche y en mujer de día. Sus nietos querían un libro sobre la misma historia que les contarla, para que nunca la olviden. Este libro, ya publicado, se puede comprar a través de Amazon (en línea). Está disponible en formato electrónico o en papel.



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Hispanic/Latino Statewide Post-Secondary Graduation celebrates 2025 graduates

On April 25, 2025, the *Hispanic Latino Commission of Michigan (HLCOM)* hosted their annual *Statewide Post-Secondary Graduation Celebration at the Michigan Historical Center* in downtown Lansing. Over 40 students from technical programs, community colleges, four-year universities and graduate programs located throughout the state attended. Over 115 students and guests were welcomed with a reception prior to the ceremony with food, music and photos. Students were presented certificates and serape stoles, inspired by Latino culture to wear with pride at their respective graduation ceremonies.

"The graduation serves as an opportunity to recognize Latinos who make up a small percentage of those graduating from post-secondary institutions," said HLCOM Executive Director Dr. Isabel Montemayor-Vazquez. "These are the future policy makers, educators, scientists and leaders we need for our community to have a voice and to succeed."

During the ceremony the students were inspired by the wise words of keynote speaker, former chair and current commissioner of the Michigan Civil Rights Commission, Gloria Lara. Commissioner Lara shared her journey through the Harvard Business School and into the male dominated automotive industry. The celebration also welcomed remarks from two student keynote speakers. The first student speaker was Sofia Rosales, she earned her master of arts in political science at Michigan State University and will continue on to pursue a doctor of philosophy. The second speaker was Alexie Milukhin who earned her master of arts from the University of Michigan in Public Policy and has accepted a position as Director of Policy with Michigan's Population Growth Office.

The commission is always excited to celebrate students' educational achievements and encourage students to apply their myriad of skills as a part of the Michigan workforce. The commission understands that many of the challenges Latino students face impart a certain level of resilience that can be applied as they move forward in their careers. Commission Vice Chair Florensio Hernandez shared words of encouragement to the students reminding them to never forget where they come from and to stay grounded: "No matter where you go from here, I hope you stay rooted. Rooted in who you are. Rooted in the love and strength that brought you all this far because being Latino isn't just your heritage—it's a blessing and a superpower."



| Student Name | Graduation Date | School | Degree or Certification |
|-----------------------------------|-----------------|-------------------------------|--|
| Alexandra Marie Gavirio | 2025 | Albion College | Psychological Science (Psychology major and a double minor in Educational Studies and Teaching English as a Second Language) |
| Alexie Milukhin | Spring 2025 | University of Michigan | Master of Public Policy |
| Andersen Herminia Martinez | Spring 2025 | Michigan State University | Master of Rhetoric and Writing, concentration in Pedagogical Approaches to Cultural Rhetorics |
| Angela Marie Reyna | Spring 2025 | University of Phoenix | Bachelor of Business of Science Supply Chain Management |
| Areli Hernández | Spring 2025 | Michigan State University | Biomedical Laboratory Science major, concentration in Medical Laboratory Science |
| Brianna Lopez | May 2025 | Albion College | Bachelor of Arts in Biochemistry |
| Chalondra Jewell | Fall 2025 | Albion College | Computer Science/ Earth Science |
| Cindy Avila | Spring 2025 | Albion College | Biochemistry |
| Colleen Marie Green | Spring 2025 | Central Michigan University | Doctor of Philosophy in Educational Leadership |
| Daffne Ruby | Spring 2025 | Michigan State University | Bachelor of Science in Advertising Management |
| Diana Pallares-Juarez | Spring 2025 | Albion College | Bachelor of Arts and biology major |
| Dyani Parada-Cortes | Spring 2025 | Aquinas College | Bachelor of Science in Business Administration |
| Essence La'Tavia Flores | Spring 2025 | Central Michigan University | Master of Arts Speech Language Pathology |
| Eva Ramirez | Spring 2025 | Western Michigan University | Bachelor of Science in Education and Human Development |
| Faith Angelica Quevedo | Spring 2025 | Michigan State University | Bachelor's degree in Human Biology |
| Fatima Cruz Ramirez | Spring 2025 | Albion college | Kinesiology major, Spanish minor |
| Gabriela Rivas Amaya | Spring 2025 | Albion College | Bachelor of Arts in Philosophy, Honors Program |
| Jessica Gomez-Sanchez | Spring 2025 | Aquinas College | Bachelor of Arts in Spanish |
| Jessica Rivas | Spring 2025 | Albion College | Bachelor's degree in finance |
| Jessie Iliana Gutierrez-Arredondo | Summer 2025 | Oakland University | Master of Organizational Leadership |
| Katy Cobian | Summer 2025 | Albion College | Bachelor's in Political Science, concentration in the Ford Institute for Public Policy and Service |
| Kevlyn Aguirre | Winter 2025 | Wayne State University | Bachelor Of Science in Neuroscience, Chemistry minor |
| Lydia Isabel Borges De Castilhos | Summer 2025 | Grand Valley State University | Bachelor of Science in Computer Science |
| Mariana Lee Moreno | May 2025 | Alma High School | Art and Business Management |
| Michelle Hernandez | Spring 2025 | Michigan State University | Bachelor of Science in Zoology |
| Natalie Selena Alvarado | Summer 2025 | GrandRapidsCommunityCollege | Associate of Music in Music Performance, Certificate in Entrepreneurship |
| Perla Yobana Reyes | Winter 2025 | Siena Heights University | Bachelor's in Criminal Justice, Psychology minor |
| Russell Andrés Brown Depablos | May 2025 | Albion college | Kinesiology |
| Sofia Lisette Rosales | Spring 2025 | Michigan State University | Master of Arts in Political Science |
| Vanessa Mejia-Sanchez | Spring 2025 | Central Michigan university | Early childhood education |
| Yamaris Freida | August 2025 | Albion College | Economics and Management |

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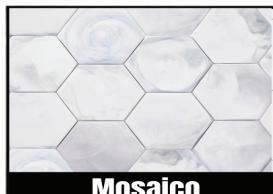
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Find Michigan-specific information about your rights, how to prepare your family for enforcement, what to do if ICE comes to your door, and what to do after someone is arrested or detained.



bit.ly/MIRCKYR

2 Immigration Legal Services

If you are in need of immigration legal services, call us at **734-239-6863**. If lines are busy, leave a message and we will return your call.



3 All detainees can call MIRC for free from detention



michiganimmigrant.org

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